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|  | **Ingredients** | **Step** |
| Breakfast Banana Split | 1 small **banana**  1⁄2 cup  oat, corn, or granola **cereal**  1⁄2 cup  low-fat vanilla or strawberry **yogurt**  1⁄2 teaspoon  **honey**, optional (skip for children under the age of one)  1⁄2 cup  canned **pineapple** tidbits or chunks | 1. Peel and split banana lengthwise. Place half in two separate cereal bowls. 2. Sprinkle granola over banana, reserving some for topping. 3. Spoon yogurt on top and drizzle with honey. 4. Decorate with reserved granola and pineapple. 5. Serve immediately. 6. Refrigerate leftovers within 2 hours. |